

**Swim Wales Masters SC Championships 2025 - 29/11/2025 to 30/11/2025****Results - Session 4 (Warmup 8.30 - 9.20)****Event 406 Men 18-24 200 SC Meter Breaststroke**

1	Liam Upton-Boorman	18	Nofio S Gar	2:32.60
	33.70	39.02	39.19	40.69

**Event 406 Men 30-34 200 SC Meter Breaststroke**

1	Christopher May	33	Pembs Cty	2:56.80
	39.99	44.92	45.25	46.64

**Event 406 Men 35-39 200 SC Meter Breaststroke**

1	Danny Anderson	36	Bristol Nor	2:38.62
	36.14	40.51	41.06	40.91

**Event 406 Men 40-44 200 SC Meter Breaststroke**

1	Craig Steenhoff	43	Hailsham	2:41.84
	35.91	40.90	42.31	42.72
2	Claudio Caprilli	40	Pembs Cty	3:03.19
	40.47	45.81	48.06	48.85

**Event 406 Men 45-49 200 SC Meter Breaststroke**

1	Donald Asprey	46	Cardiff Mast	2:58.76
	38.79	44.29	46.55	49.13
2	Martin Duffy	47	Cardiff Mast	3:02.85
	39.56	46.14	47.98	49.17

**Event 406 Men 55-59 200 SC Meter Breaststroke**

1	Simon Wintle	58	Gloucester M	2:43.27
	36.86	40.86	41.39	44.16

**Event 406 Men 70-74 200 SC Meter Breaststroke**

1	Keith Parkin	71	Barnet Copt	3:48.33
	49.05	57.17	1:01.12	1:00.99